

LUNES / MONDAY	MARTES / TUESDAY	MIÉRCOLES / WEDNESDAY	JUEVES / TRURSDAY	VIERNES / FRIDAY
3	4	5	6	7
Crema de zanahoria / Carrot cream Pollo con patatas / Grilled chicken in tomato and vegetables sauce Natillas, pan / creme caramle, bread	Arroz con verdura / Vegetables paella Bacalao con tomate y ensalada / Baked cod in tomato sauce Fruta y leche, pan / Fruit and milk, bread	Patatas marinera / Potato stew marinera style Salchichas de pollo con ensalada / Baked chicken sausajes with salad Fruta y leche, pan / Fruit and milk, bread	FESTIVO	FESTIVO
10	11	12	13	14
Arroz a la cubana / Rice in Tomato Sauce Pavo asado con ensalada / Baked turkey with salad Yogur de fruta, pan / Fruit Yoghurt, bread	Lentejas burgalesa / Stewed lentils Merluza salsa con guisantes / Baked hake in sauce with peas Fruta y leche, pan / Fruit and milk, bread	Calabacín rebozado / Battered Courgette Ftes. Rusos ternera en salsa patata dado / Grilled burger with potatoes Fruta y leche, pan / Fruit and milk, bread	Sopa / Stew Soup Patata, Zanahoria, Carne de Ternera y Pollo / Potato, carrot, veal and chicken Fruta y leche, pan / Fruit and milk, bread	Pasta con tomate / Pasta in tomato sauce Filete hallibut rebozado con ensalada / Battered hallibut with salad Fruta y leche, pan / Fruit and milk, bread
17	18	19	20	21
Macarrones al ajillo / Macarronni in garlic sauce Dados merluza con pisto / Baked hake with ratatouille Yogur de fruta, pan / Fruit Yoghurt, bread	Sopa de puchero / Meat soup Tortilla de patata con lechuga y maiz / Potato omelette with lettuce and corn Fruta y leche, pan / Fruit and milk, bread	Judías Verdes con tomate / Green beans in tomato sauce Albóndigas ternera jardinera con cous cous / Meatballs in Sauce with cous cous Fruta y leche, pan / Fruit and milk, bread	Arroz con pollo / Rice with chicken Limanda rebozada con lechuga tomate y aceitunas / Fruta y leche, pan / Fruit and milk, bread	MENU DE NAVIDAD Hamburguesa ternera completa con patatas fritas y ensalada / Burger with fried potatoes and salad Dulces de navidad aptos / Christmas Sweets